

Monday, May 4, 7:30 p.m.: Meditation Concert: Music of Silence – with sitar virtuoso Kanala, Vienna (German/ English)

Kanala from Vienna is a gifted musician and sitar virtuoso. His concert – Music of Silence – will transport you to fascinating soundscapes and show how spiritual music can support meditation and touch you deep in your soul.

Tuesday, May 5, 7:30 p.m.: The Heart Path of Meditation with Thomas, Salzburg (German)

Thomas from Salzburg will introduce us to the heart path of meditation. He has practiced meditation for many years and is a true nature lover. Thomas knows how to present the art of meditation with a golden sense of humor.

Wednesday, May 6, 5:30 p.m.: Understanding Spiritual Secrets Through Meditation (German)

Enlightenment, Reincarnation, and Karma, with Satyaki. The inner world is full of mysteries. Many people wonder if there is such a thing as reincarnation, an afterlife, or if our lives are determined by fate. Satyaki will show you how to understand these fascinating topics through meditation and open the gateway to a deeper understanding of inner reality.

Thursday, May 7th / Friday, May 8th, 7:30 pm (English)

– 2-Day Workshop – Experience inner Joy through Meditation with Jovana, Serbia
Jovana from Nis, Serbia radiates a warm, authentic energy that instantly touches the heart. Her meditation classes create a safe, nurturing atmosphere, inviting participants to courageously explore their inner landscapes. She will present beautiful meditations and also does mantric singing with the audience. Her class will be in English.

Saturday, May 9th, 4 pm: Meditative painting with the artist Mag. Urdhagati Dimitrova (German/ English)

Urdhagati from Sofia, Bulgaria, is a special spiritual artist. She has the ability to capture the beauty of meditation in enchanting paintings. In her seminar, she shows participants how they can enrich their own inner development through meditative painting. Registration is required for this seminar.

**Tuesday, May 12th, 7:30 p.m.: Start of a free meditation class in German
Thursday, May 14th, 7:30 p.m.: Start of a free Meditation class in English**

With Satyaki and his team from the Sri Chinmoy Center

Based on over 40 years of meditation experience, Satyaki will provide you with a comprehensive understanding of how to create a solid foundation for your personal meditation practice. He will present several powerful meditations that can help you experience inner peace, clarity, and self-realization. Many of his practices are timeless and have been passed down through generations of Himalayan yogis. The course will take place every Tuesday for seven weeks.